

Session 2



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C-EDUC1 (3 units)

*Child and Adolescent Learners and
Learning Principles*

Fall Semester 2023

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The Principles of Development: Stages of Human Development and the Factors that Influences Development

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Basic Concepts of Human Development

Session OBJECTIVES:

- ✓ Identify the factors that influence the development of human being.
- ✓ Discuss the factors that may affect physical growth and motor development of the child and onwards on becoming an adult.
- ✓ Identify the levels or stages of human development.

Basic Concepts of Human Development

Session OBJECTIVES:

- ✓ Discuss the factors that may affect the learners' development through various situations encountered in each stage.
- ✓ Articulate on the views and ideas about the principles and theories of human growth, development and learning.
- ✓ Determine classroom scenarios, community issues and / or events by utilizing the principles and theories of human growth and development.

Basic Concepts of Human Development

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Basic Concepts of Human Development

General Domains / Aspects of Development

Physical Development – pertains to the changes in the body structure and functions over time.

Cognitive Development – it refers to the gradual and orderly changes in the individual's mental processes from simple to complex.

Physiological Development – it is the changes in personal and interpersonal aspects of an individual such as motives, emotions, personality traits and interpersonal skills

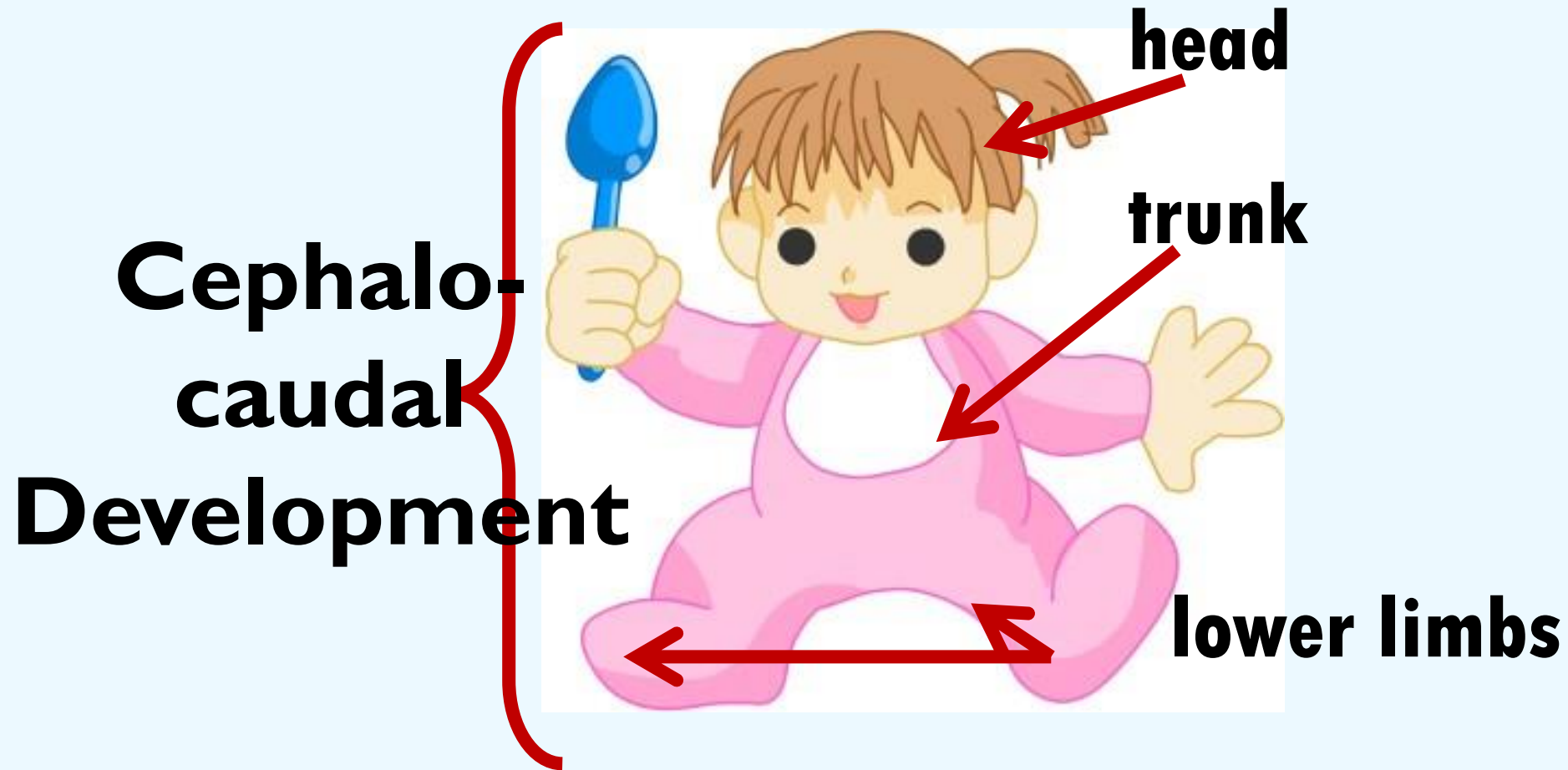
Basic Concepts of Human Development

Human Development

- **is relatively orderly.**
- **varies among individuals.**
- **takes place gradually.**
- **is complex and multi-developmental.**

Basic Concepts of Human Development

Relatively orderly



Basic Concepts of Human Development

Relatively orderly



**Proximodistal
Development**

Basic Concepts of Human Development

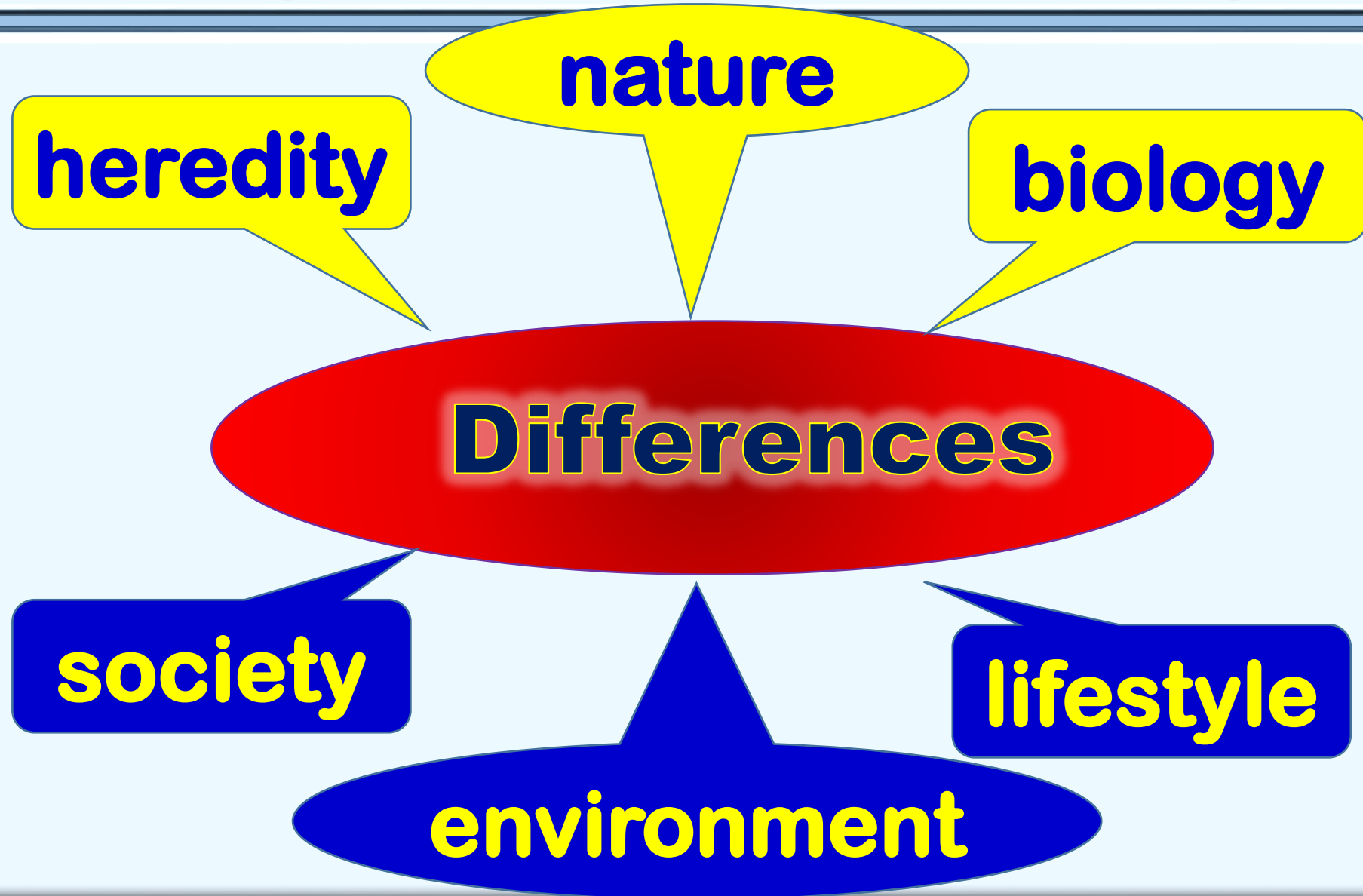
Varies among individuals

Individual Differences

“No two persons are exactly alike”

Principle of Individual Differences

Basic Concepts of Human Development



Basic Concepts of Human Development

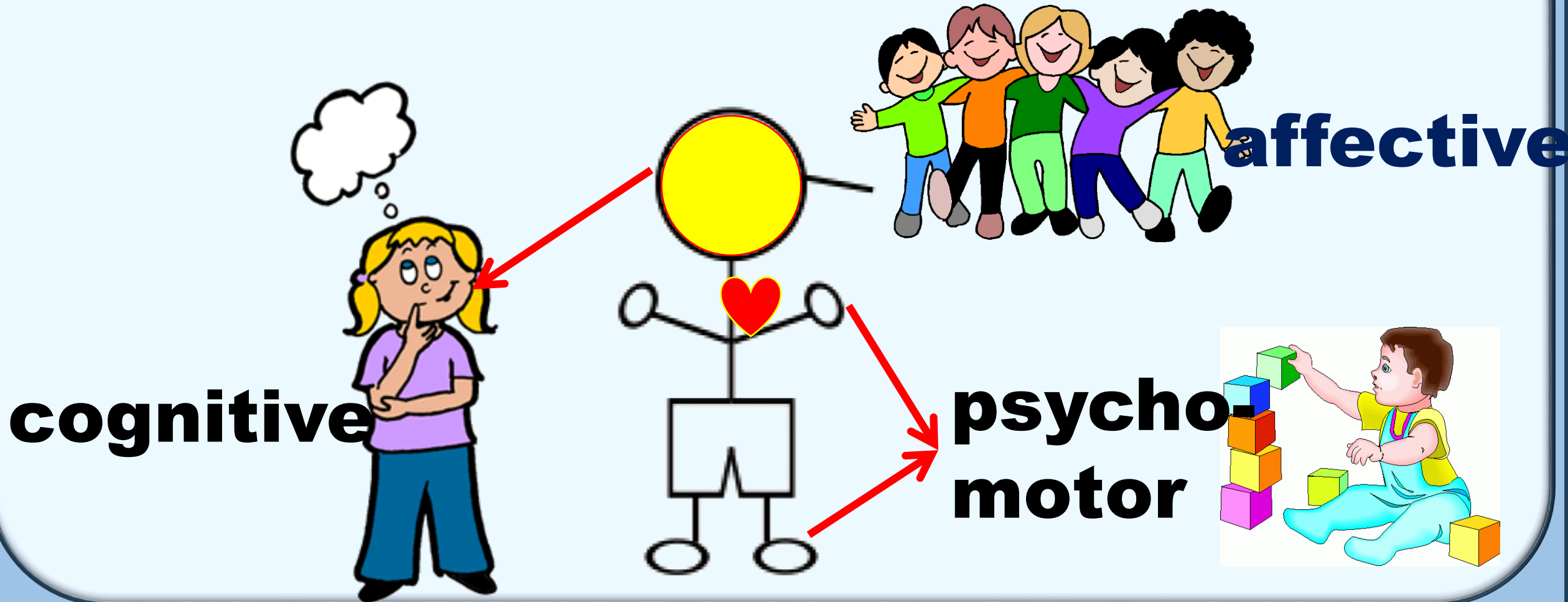
Takes place gradually

**“It takes years for a seed
to grow into a tree.”**

**Principle of
Graduated Change**

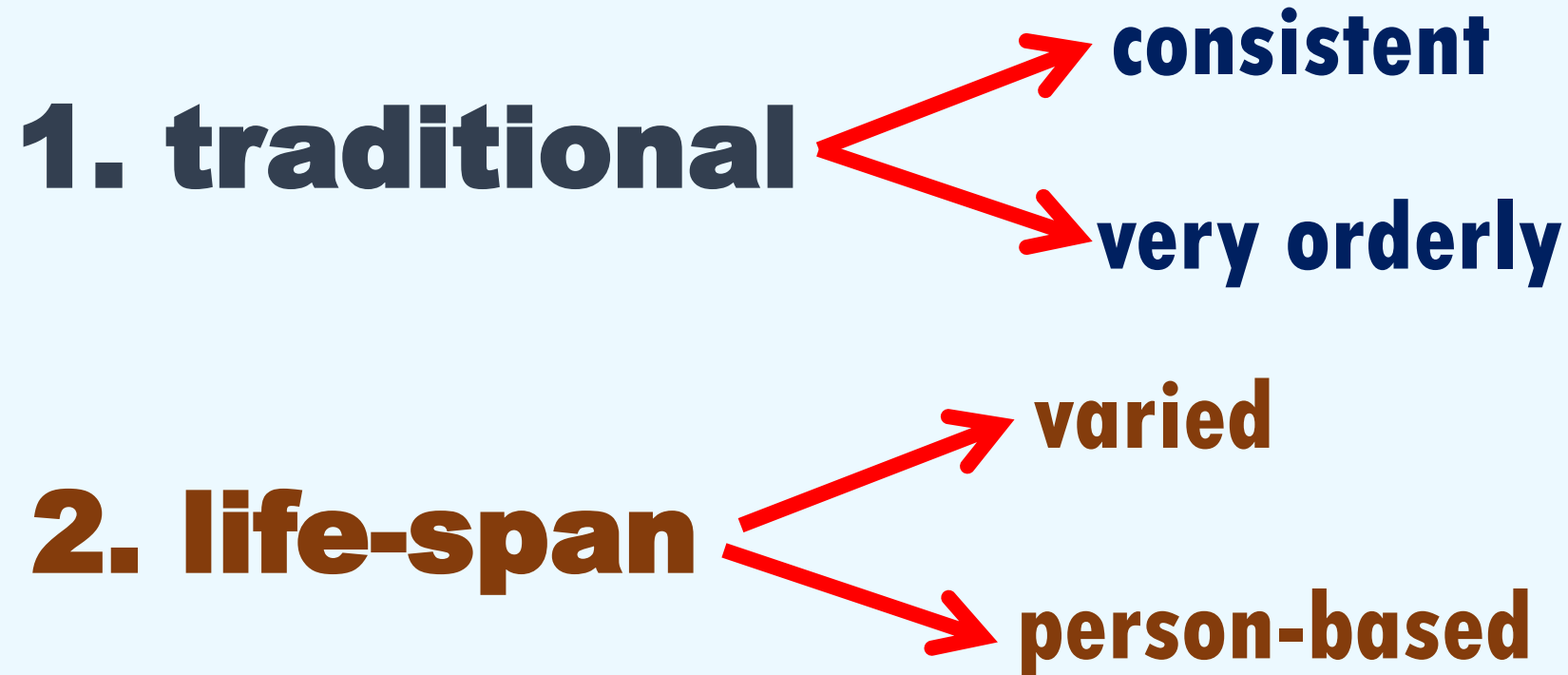
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Complex and Multi-Developmental



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Two Approaches to Human Development



Basic Concepts of Human Development

Principles of Life-Span Development

- **lifelong**
 - **multidimensional**
 - **plastic**
 - **contextual**
 - **sustaining life**

Basic Concepts of Human Development

Basic Aspects of Human Development

- **cognition**
- **sensation**
- **motor**
- **emotion**
- **socialization**

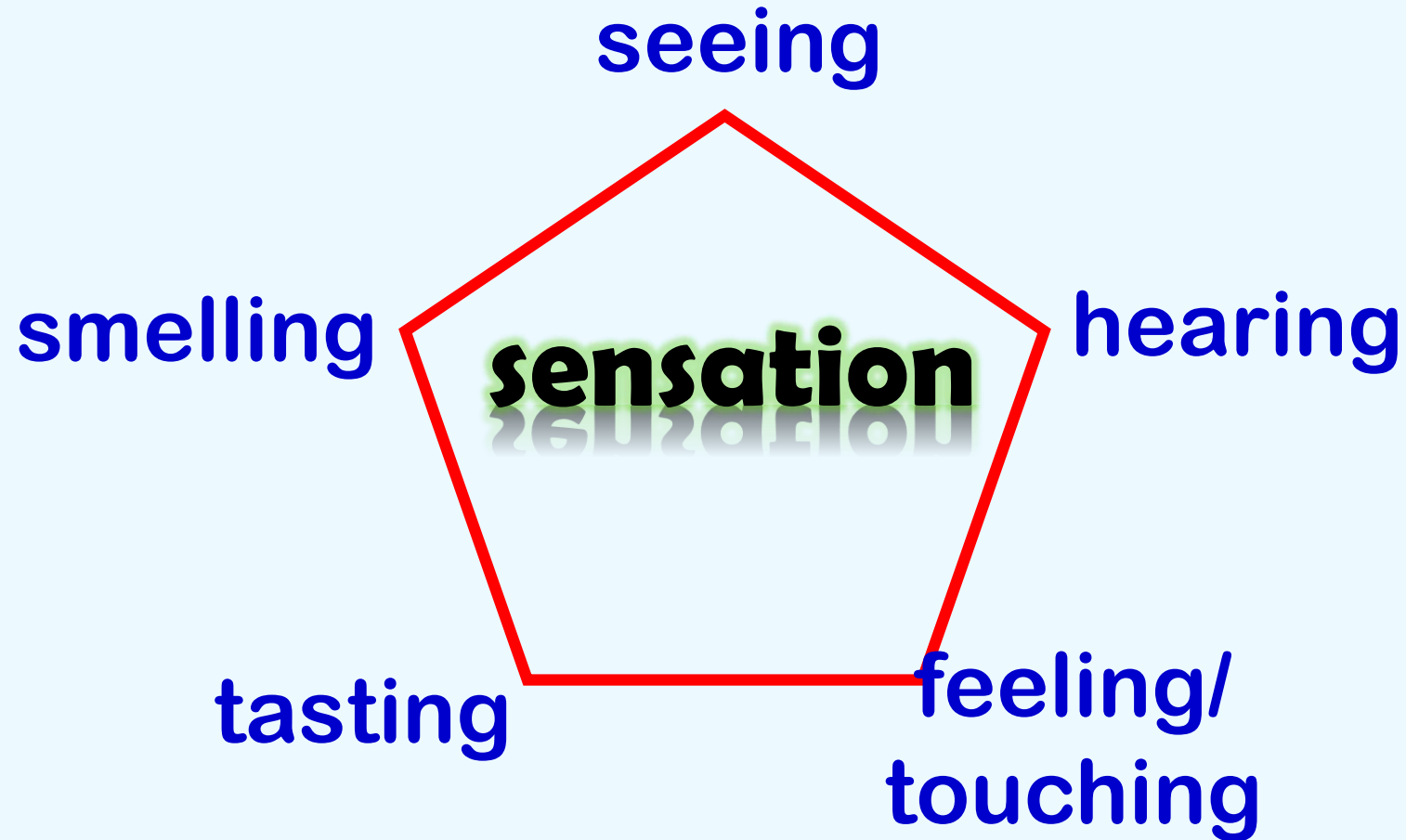
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Basic Aspects of Human Development

Cognition - *is the acquisition of knowledge that is based on the level of development of an individual.*

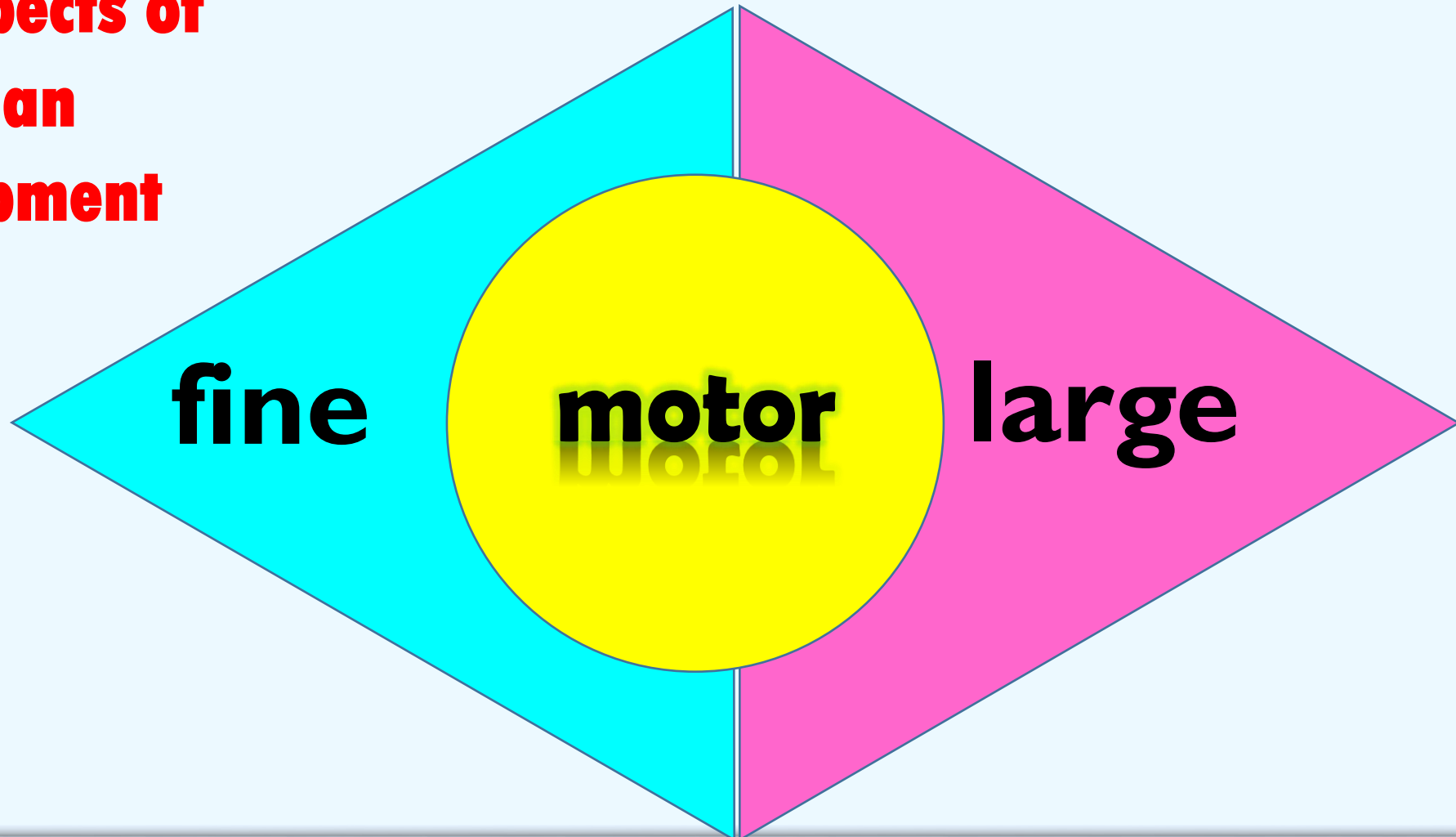
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Basic Aspects of Human Development



Basic Concepts of Human Development

**Basic Aspects of
Human
Development**



Basic Concepts of Human Development

Fine motor Skills are the movements that involve the use of the fingers, hands and the arms.

Basic Concepts of Human Development

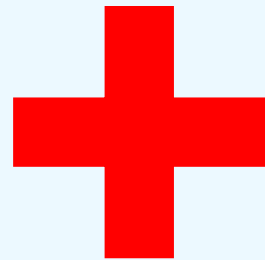
Large (gross) motor Skills are the actions that encompass the use of the upper and lower extremities and as well as the trunk or torso.

Basic Concepts of Human Development

Manipulative movement – this involves two or several body parts targeting a certain direction with varying level of force.

Basic Concepts of Human Development

Basic Aspects of Human Development



emotion



Basic Concepts of Human Development

Factors that affect Emotions on School Children

- School task overload
- Expectation on approval or affirmation from the teacher
- Not having school friends
- Not getting time to play

Basic Concepts of Human Development

Factors that affect the Teachers' Emotion

- School task overload
- Expectation on approval or affirmation from peers or from the superior
- Not having enough sleep rest and sleep
- Not getting “me time”.

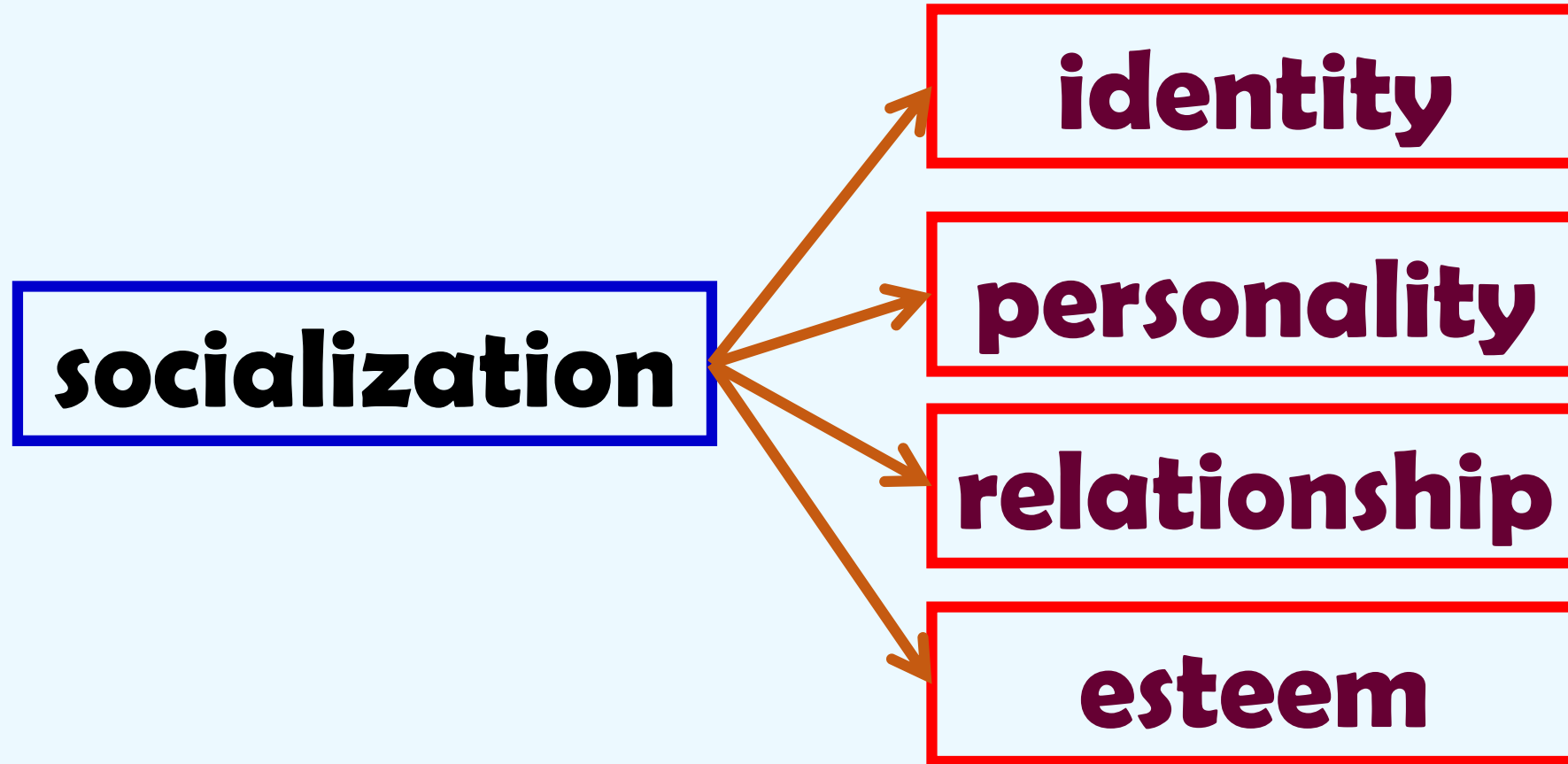
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**What we should be reminded about
emotion?**

- *Emotions are normal to experience.*
- *Emotion is not the same as stress and depression.*

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Basic Aspects of Human Development



Basic Concepts of Human Development

What is the implication of these concepts to teaching and learning process?

VYGOTSKY'S SOCIO CULTURAL THEORY

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VYGOTSKY'S SOCIO CULTURAL THEORY

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