

Session 5



May S. Flores, Ed.D.

Professor, School of Education
University of the Assumption
PHILIPPINES

C-EDUC1 (3 units)

*Child and Adolescent Learners and
Learning Principles*

Fall Semester 2023

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**Learning Theories: Sigmund Freud's
Psycho-sexual and Psycho-analytic
Theories**

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Basic Concepts of Human Development

Session OBJECTIVES:

- ✓ Identify the factors that influence stages of psycho-sexual theory.
- ✓ Discuss the factors that may affect the analytic ability of an individual.
- ✓ Draw implications of Freud's theory to education.

Freud's Psychoanalytic & Psychosexual Theory

Theories in Human Development and Behaviors

Freud's Psychoanalytic Theory

Pleasure
(Pleasure
Principle)

Personality
and
Behavior

Freud's Psycho-sexual Theory

- Freud described the personality structures in three components namely: *id*, the *ego* and the *superego*.
- The first to emerge is the *id*, followed by the *ego*, and last to develop is the *superego*.

Freud's Psychoanalytic Theory

Freud's Personality Components

The Id works on the *pleasure principle*.

The ego works using the *reality principle*.

The *super ego* exemplifies a person's *moral aspect*.

Freud's Psychoanalytic Theory

Freud's Structure of the Human Psyche



Id:
Instincts



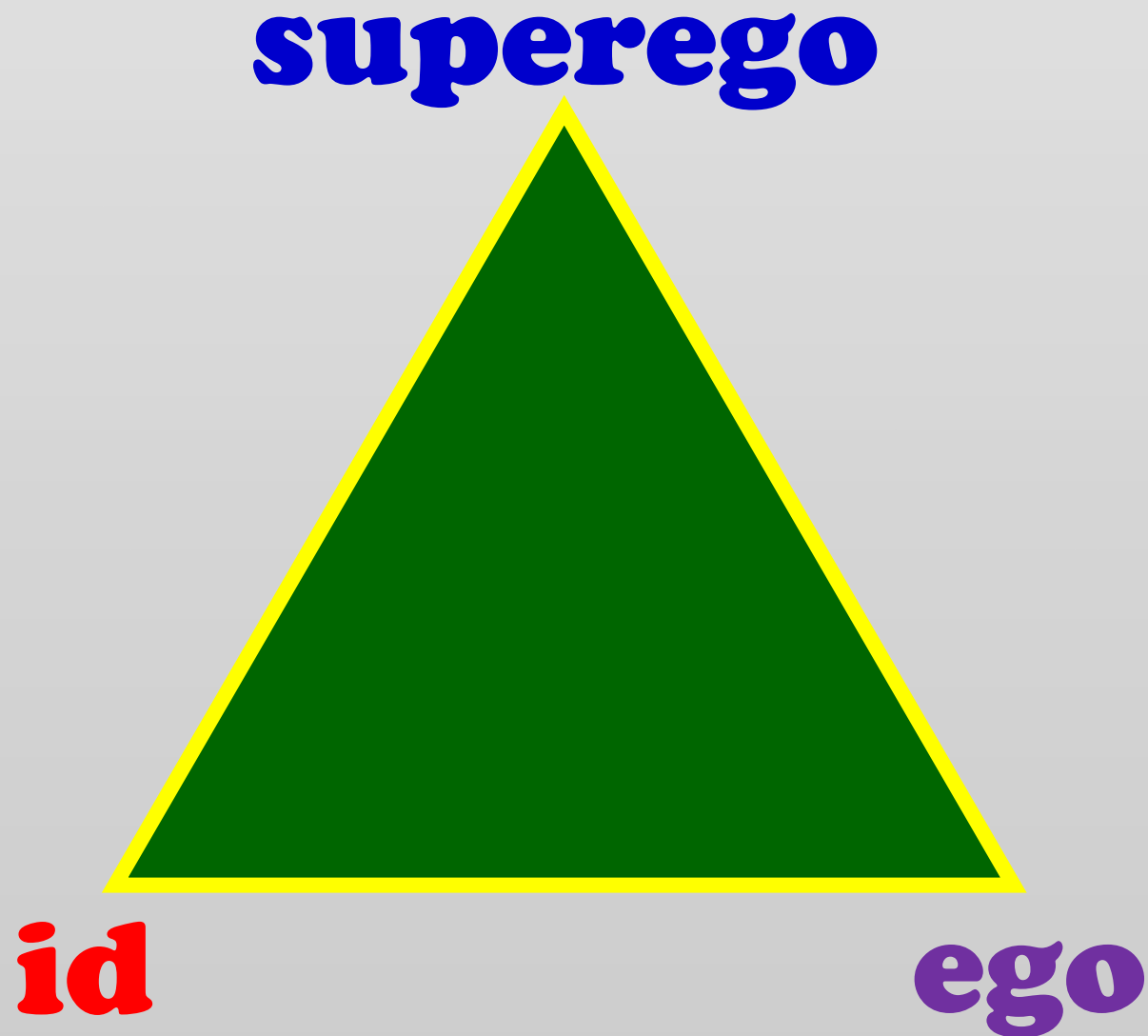
Ego:
Reality



Superego:
Morality

Image 1. Freud's Theory of Personality: Id, Ego, and Superego. (Mcleod, S. 2023:Online)

Freud's Psychoanalytic Theory



Freud's Psychoanalytic Theory

id

The inborn instinctual urges that a person seeks to satisfy

ego

The rational part of the mind which uses reality to satisfy the id

superego

The socially induced moral restrictions as the "conscience"

Freud's Psychoanalytic Theory

id

vs.

superego

Defense Mechanism

Freud's Psychoanalytic Theory

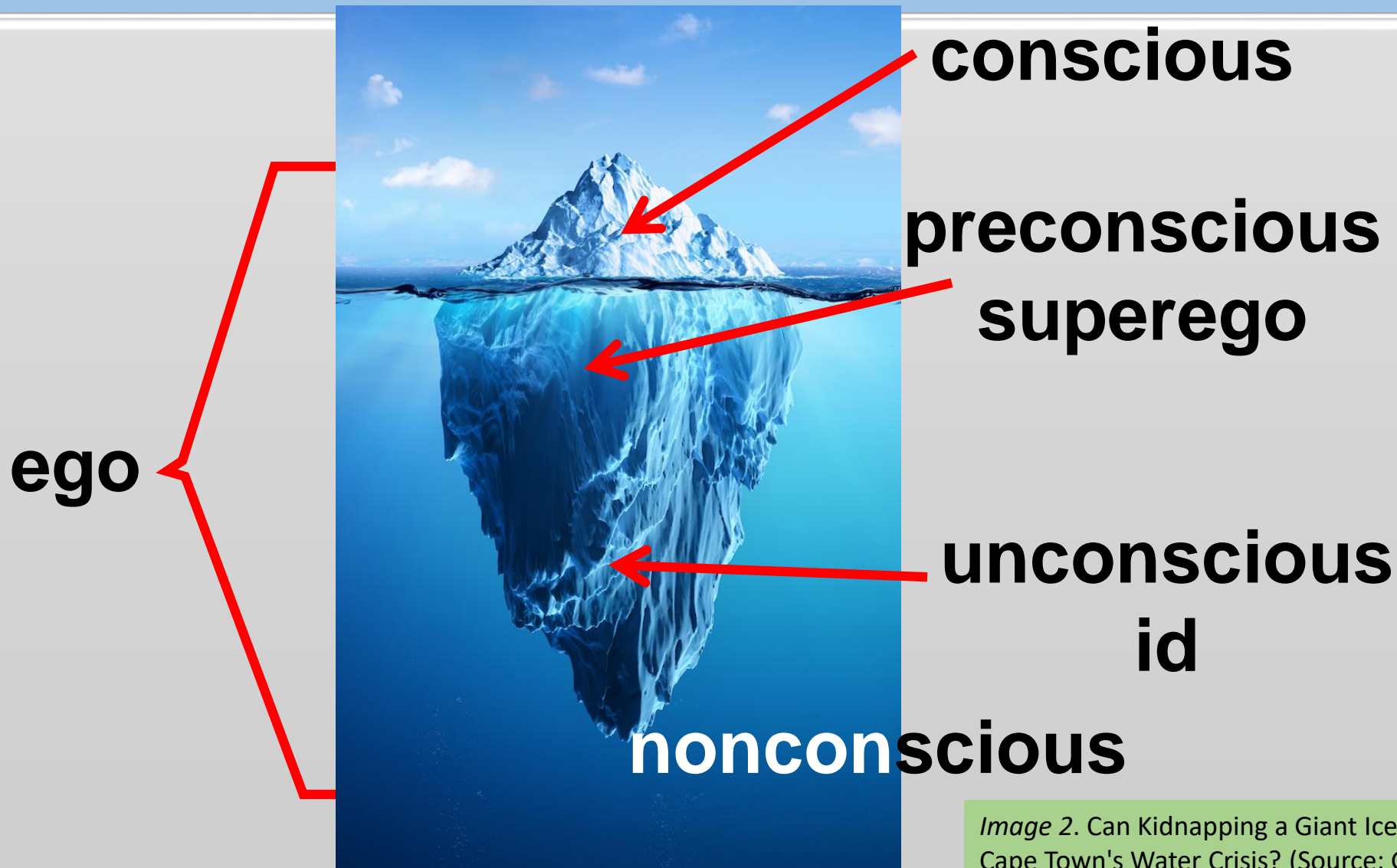


Image 2. Can Kidnapping a Giant Iceberg from Antarctica Solve Cape Town's Water Crisis? (Source: Geggel, L. 2019: Online)

Freud's Psycho-sexual Theory

Three Levels of Consciousness

- 1. *Conscious***—what we're thinking at the moment
- 2. *Preconscious***—what we could be thinking about when asked
- 3. *Unconscious***- suppressed thoughts, desires, and impulses.

Freud's Psycho-sexual Theory

Freud's Psycho-sexual Theory

Sigmund Freud (1856-1939)

- Freud described children as going through multiple stages of ***sexual development***, which he labelled Oral, Anal, Phallic, Latency, and Genital.

Freud's Psycho-sexual Theory

- The erogenous zones in each stage of development presented by Freud on the erogenous zones is quite interesting which deals with understanding on the sex urges that is experience by mostly young individual.
- These are specific "pleasure areas" that become focal points for the particular stage. If needs are not met along the area, a fixation occurs.

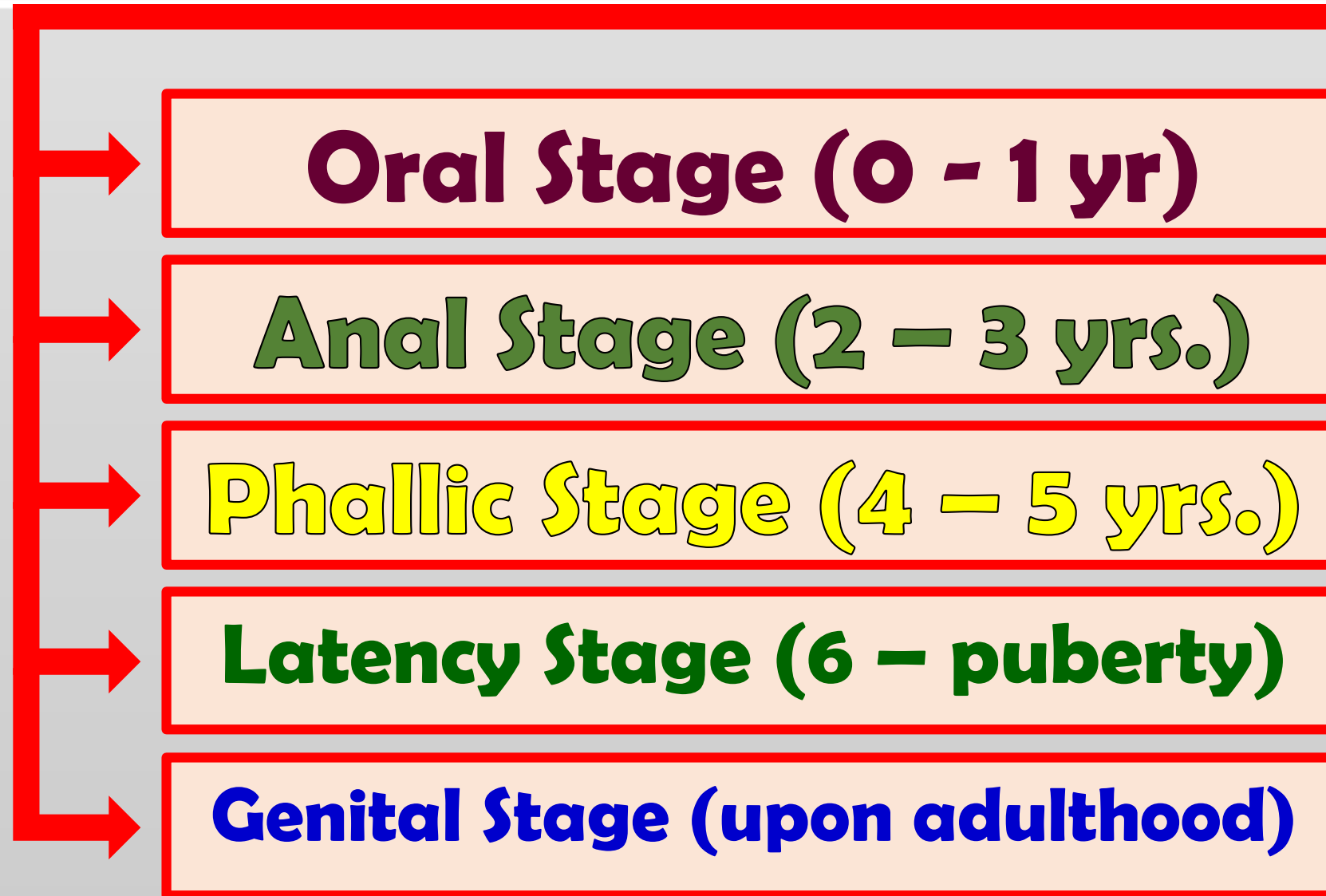
Freud's Psycho-sexual Theory

The child shifts **erogenous zone** at each stage.

**center of sensual
sensitivity or
pleasure points**

Fixation – remaining at a particular
psychosexual stage due to too much
or too little gratification

Freud's Psycho-sexual Theory



Freud's Psycho-sexual Theory

Oral Stage (0 - 1 yr)

- ✓ erogenous zone: mouth
- ✓ sucking, chewing, biting, etc.
increase security and relieve anxiety
- ✓ if fixated: smoking, drinking alcohol, overeating, etc.

Freud's Psycho-sexual Theory

Anal Stage (2 – 3 yrs.)

- ✓ erogenous zone: anus
- ✓ pleasures from eliminative activities, toileting, etc.
- ✓ if fixated, anal retentive & anal expulsive

Freud's Psycho-sexual Theory

Phallic Stage (4 – 5 yrs.)

- ✓ erogenous zone: genitals
- ✓ exploring own bodies by fondling genitals
- ✓ develops attraction in the family especially parents

Freud's Psycho-sexual Theory

Issues in the Phallic Stage:

**Oedipus Complex – the
unconscious love and sexual
desire of male children for their
mother**

Freud's Psycho-sexual Theory

Issues in the Phallic Stage:

Electra Complex – the unconscious love and sexual desire of female children for their father

Freud's Psycho-sexual Theory

Issues in the Phallic Stage:

Oedipus Complex – the unconscious love and sexual desire of male children for their mother

Electra Complex – the unconscious love and sexual desire of female children for their father

Fixation – confused sexual identity

Freud's Psycho-sexual Theory

Latency Stage (6 – puberty)

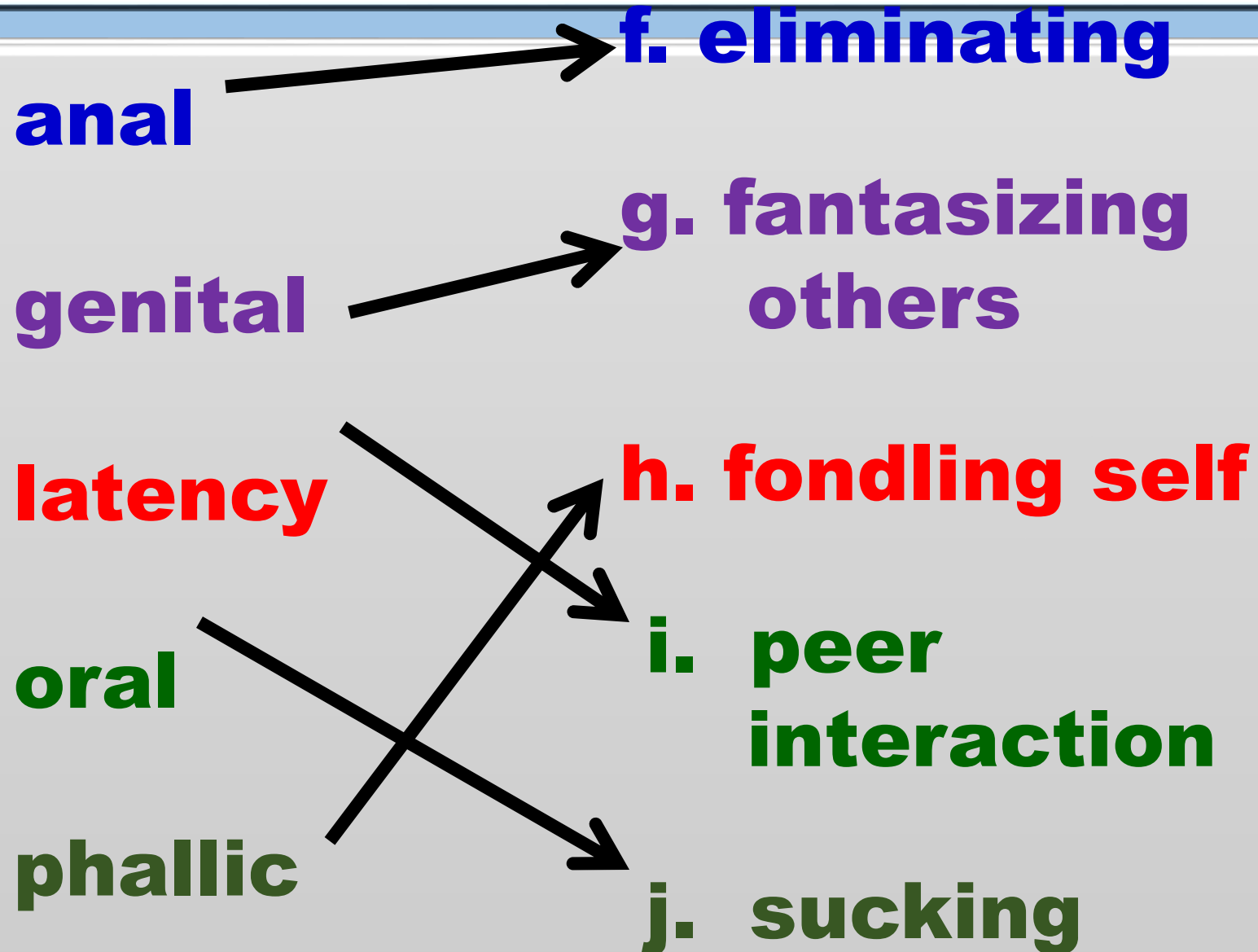
- ✓ erogenous zone: other people
- ✓ developing sexual urges and peer interaction of the same sex
- ✓ if fixated: sexual aggression or inhibition

Freud's Psycho-sexual Theory

Genital Stage (upon adulthood)

- ✓ erogenous zone: sexual contact
- ✓ sexual stimulation and satisfaction from a person outside the family
- ✓ if fixated: inhibited intimacy or marital separation

Freud's Psycho-sexual Theory



Freud's Psycho-sexual Theory

Freud's

Psychosexual Theory
states that the center of
sensual sensitivity shifts
from one body zone to
another in stages as
children mature

Freud's Psycho-sexual Theory

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Freud's Psycho-sexual Theory

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