

Session 10



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C-EDUC1 (3 units)

*Child and Adolescent Learners and
Learning Principles*

Fall Semester 2023

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Learning Theories: Maslow's Hierarchy of Needs

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Hierarchy of Needs

Session OBJECTIVES:

- ✓ List the various levels in the Maslow's hierarchy of needs.
- ✓ Discuss the specific needs in each level of the Maslow's diagram.

Hierarchy of Needs

Session OBJECTIVES:

- ✓ Determine classroom scenarios, community issues and / or events that concerns individual needs and how it affects one's life.
- ✓ Discuss the factors that may affect the learners' development through various situations encountered in the community, workplace or in school.

Session 9

Abraham Harold Maslow's Hierarchy of Needs



Image 1. Biography of Abraham Maslow 1908-1970.
(Source: Cherry, K. 2023:Online)

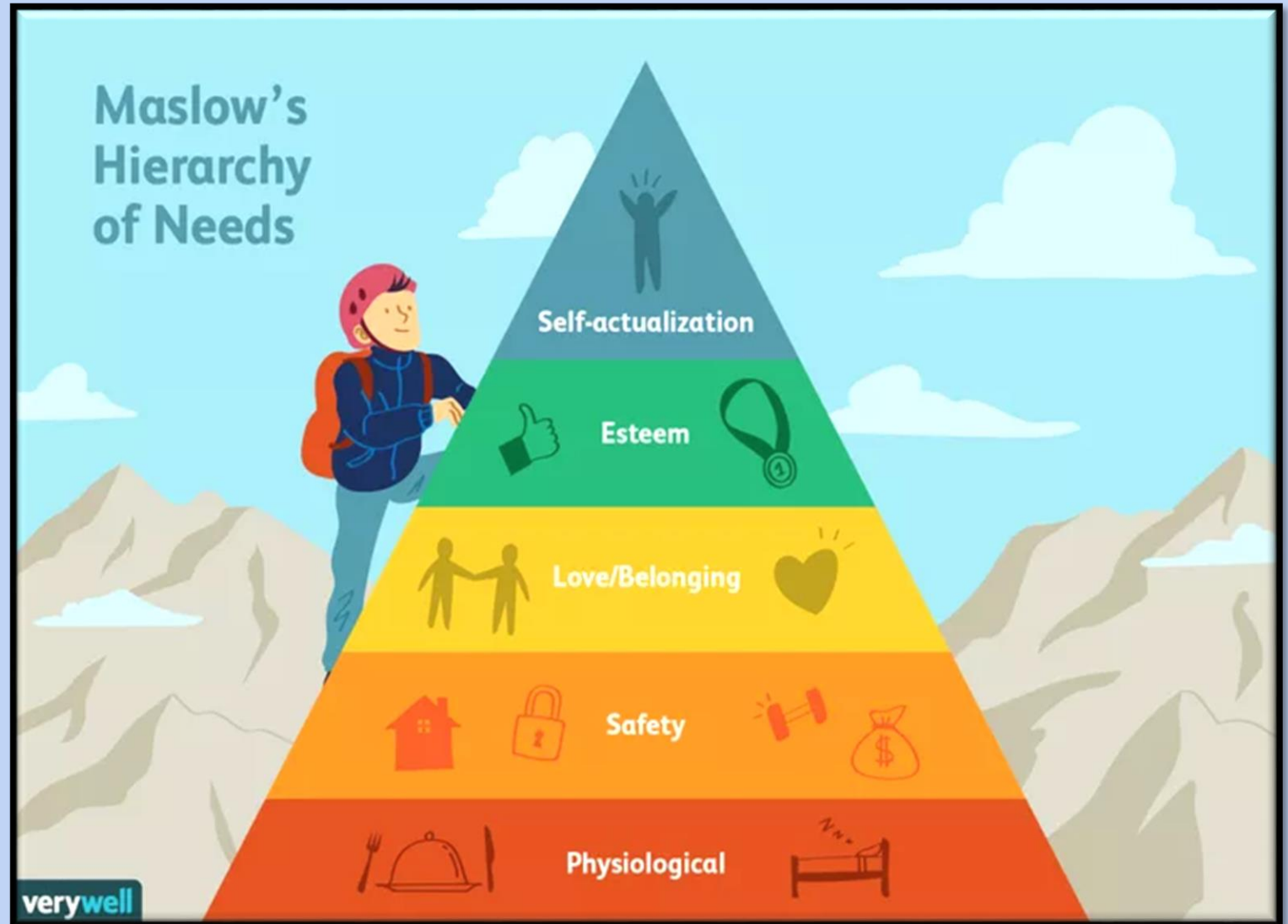
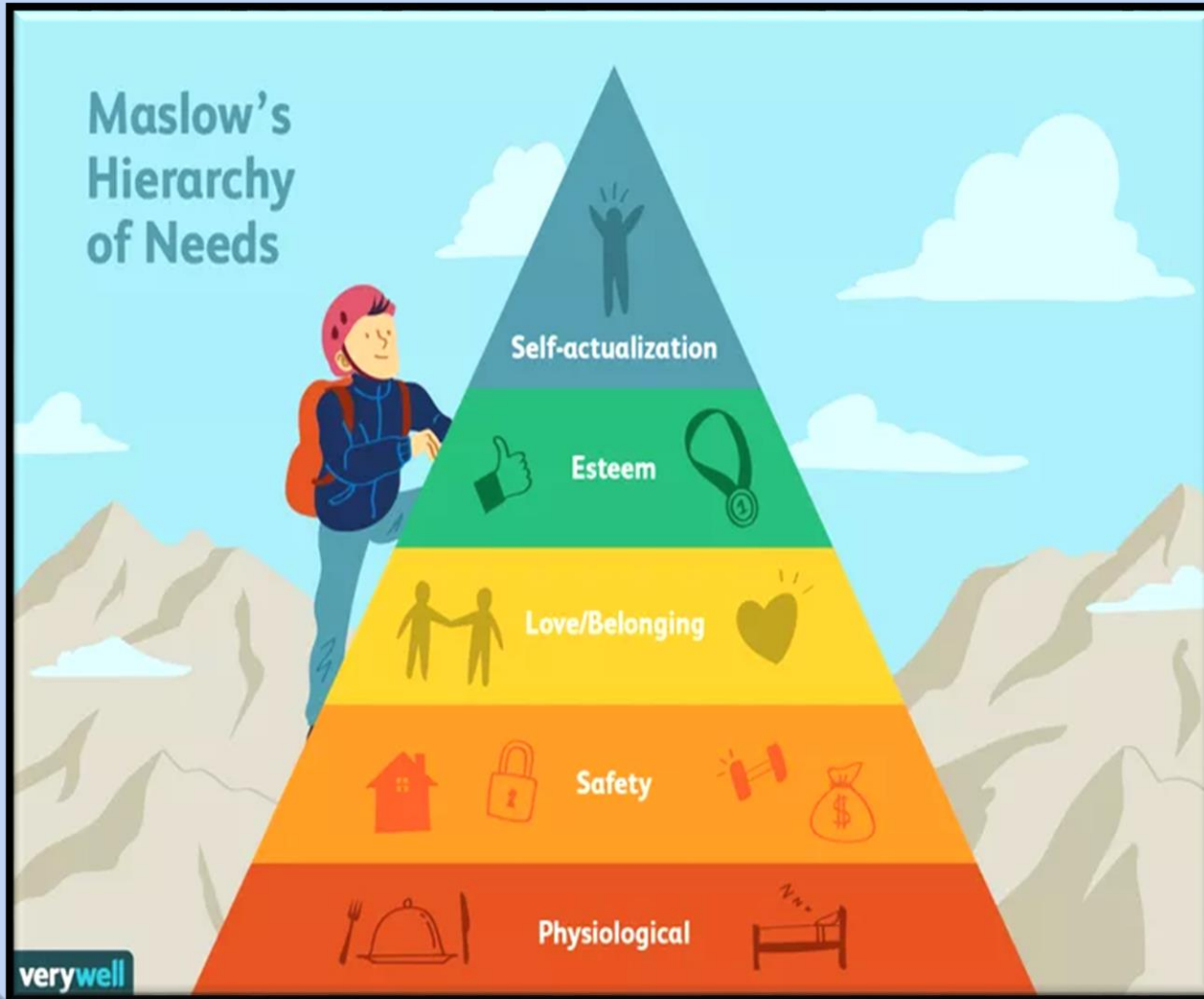


Image 2. Maslow's Hierarchy of Needs.
(Source: Cherry, K. 2022:Online)

Physiologic Needs



- Food
- Water
- Shelter
- Sleep
- Excretion

Physiologic Needs

How can the teacher motivate students with physiological needs?

- Food
- Water
- Shelter
- Sleep
- Excretion

Suggested Activities

- restroom breaks
- flexible seating
- adequate breaks
- Allow basic classroom movements
- Allow adequate snacks time

Security Needs



- Sense of security
- Job security
- Health security
- Safe environment

Security Needs

How can the teacher motivate students with security needs?

- Sense of security
- Job security
- Health security
- Safe environment

Suggested Activities

- Prevent bullying
- Build trust and confidence
- Allow learners to express their thoughts and ideas without harm.
- Maintain order in the classroom

Belonging and Love Needs



- Strong bonds
- Love relationships

Belonging and Love Needs

How can the teacher motivate students with Belonging and love needs?

- Strong bonds
- Love relationships

Suggested Activities

- Encourage collaborative work
- Facilitate group projects
- Facilitate team building activities
- Ensure learners know their classmates
- Manage diversity

Esteem Needs



- Self-confidence
- Respect
- Good reputation

Esteem Needs

How can the teacher motivate students with esteem needs?

- Self-confidence
- Respect
- Good reputation

Suggested Activities

- Praise learners' for a job well-done
- Praise learners' effort/s
- Empower leadership
- Recognize learners' strengths and weaknesses

Self-Actualization Needs



- Morality
- Freedom
- Acceptance

Self-Actualization Needs

How can the teacher motivate students with esteem needs?

- Morality
- Freedom
- Acceptance

Suggested Activities

- Goal setting
- Provide stimulating and exciting tasks
- Provide passion-driven activities
- Facilitate enrichment activities

Maslow's Different Types of Needs



Image 1. Biography of Abraham Maslow
1908-1970.
(Source: Cherry, K. 2023:Online)

Deficiency needs:

- Physiological,
- security,
- love and belonging,
- esteem needs

Growth needs:

- Top level of the pyramid
- Improvements



Image 1. Biography of Abraham Maslow
1908-1970.
(Source: Cherry, K. 2023:Online)

A thought to ponder:

**Is there really a
pattern in the
hierarchy of needs?**

The Expanded Hierarchy of Needs

- 1. Cognitive needs.** This centers on knowledge acquisition about the things and environment where one lives.
- 2. Aesthetic needs.** This refers to beauty and form.
- 3. Transcendence needs.** These needs are more meaningful and is more than the physical outlook.



Image 1. Biography of Abraham Maslow
1908-1970.
(Source: Cherry, K. 2023:Online)

LET'S HAVE AN
ACTIVITY!

Sample Class Activity

Rank the following items according to your personal preference.

Scenario #1:

You are trapped in the middle of the forest

- Flashlight
- Mobile phone
- Money
- Bag
- Tent

Sample Class Activity

Rank the following items according to your personal preference.

Scenario #2:

You are at home for a school homebreak

- Flashlight
- Mobile phone
- Money
- Bag
- Tent

Sample Class Activity

Rank the following items according to your personal preference.

Scenario #3:

You are on a family out-of-town vacation.

- Flashlight
- Mobile phone
- Money
- Bag
- Tent

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